

Week One

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereals, Toast with spreads, yoghurt and fruit.  Mini pastries.	Cereals, Toast with spreads, yoghurt and fruit.  Scrambled eggs and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Sausage and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Hash browns and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Bacon and fried eggs.	Cereals, Toast with spreads, yoghurt and fruit.	Cereals, Toast with spreads, yoghurt and fruit.  (Cooked breakfast if boarders are in.)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pepperoni pizza or cheese pizza. <b>(v)</b> With wedges and vegetable sticks.  Angel delight.	Chicken, chorizo paella. Vegetable paella. <b>(v)</b> With green beans.  Peaches and cream.	Spaghetti with homemade meatballs Vegetable balls. <b>(v)</b> With garlic bread and sweetcorn.  Chocolate fudge cake with cream.	Pulled pork rolls. Vegetable dogs. <b>(v)</b> with roasted new potatoes and vegetable sticks.  Fresh fruit salad.	Chicken nuggets. Vegetable nuggets. <b>(v)</b> Cod goujons with chips and beans.  Frozen yoghurts.	As direct by weekend activities	
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Hunters chicken. Hunters Quorn. <b>(v)</b> With new potatoes, coleslaw and salad.  Yoghurt bar.	Crispy chicken. Crispy Quorn. <b>(v)</b> With noodles and a Chinese sauce.  Vanilla sponge and cream.	Filled wraps with various fillings.  Yoghurt bar.	Fish finger sandwich. Vegetable finger sandwich. <b>(v)</b> With sauté potatoes.  Push up lollys.	As directed by weekend activities		

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Cereals, Toast with spreads, yoghurt and fruit.  Mini pastries.	Cereals, Toast with spreads, yoghurt and fruit.  Scrambled eggs and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Sausages and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Hash browns and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Bacon and fried eggs.	Cereals, Toast with spreads, yoghurt and fruit.	Cereals, Toast with spreads, yoghurt and fruit.  (Cooked breakfast if boarders are in.)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Tomato pasta with crusty bread and peas.  Eton mess.	Baked chicken wraps. Vegetable wraps. <b>(v)</b> With rice and vegetable sticks.  Mixed melon.	Lasagne. Vegetable lasagne. <b>(v)</b> With garlic bread and sweetcorn.  Lemon drizzle cake with cream.	Fresh Chicken burgers. Vegetable burger. <b>(v)</b> With roasted new potatoes and vegetable sticks.  Fresh fruit salad.	Sausages. Vegetable sausages. <b>(v)</b> Battered fish. With chips and beans.  Arctic roll.	As directed by weekend activities	
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Lamb koftas. Vegetable kebabs. <b>(v)</b> With pitta bread, coleslaw and salad.  Yoghurt bar.	Mac & cheese with crusty bread and sweetcorn.  White chocolate cookie.	Filled paninis with various fillings.  Yoghurt bar.	BBQ ribs. Vegetable Quorn escalope. <b>(v)</b> With sauté potatoes and corn on the cob.  Magnums.	As directed by weekend activities		

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereals, Toast with spreads, yoghurt and fruit  Mini pastries.	Cereals, Toast with spreads, yoghurt and fruit.  Scrambled eggs and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Sausages and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Hash browns and beans.	Cereals, Toast with spreads, yoghurt and fruit.  Bacon and fried eggs.	Cereals, Toast with spreads, yoghurt and fruit.	Cereals, Toast with spreads, yoghurt and fruit.  (Cooked breakfast if boarders are in.)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Katsu chicken curry. Vegetable curry. <b>(v)</b> With rice and peas.  Mango and orange sorbet.	Glazed pork chops. Vegetable sausages. <b>(v)</b> With mash potato, green beans and gravy.  Strawberries and cream.	Chicken pasta bake. Vegetable pasta bake. <b>(v)</b> With garlic bread and sweetcorn.  Chafyn Grove sponge with cream.	Beef burger. Vegetable burger. <b>(v)</b> With roasted new potatoes and vegetable sticks.  Fresh fruit salad.	Sliced gammon. Breaded cod. Vegetable fingers. <b>(v)</b> With chips and beans.  Fruit jelly.	As directed by weekend activities	
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Spaghetti bolognaise. Vegetable bolognaise. <b>(v)</b> With garlic bread and peas.  Flap jacks.	Chicken kebabs. Vegetable kebabs. <b>(v)</b> With coleslaw and salad.  Yoghurt bar.	Jacket potato bar with various fillings.  Ice cream cones.	Bacon and cheese bagels. Cheese and tomato bagels. <b>(v)</b> With sauté potatoes and salad.  Yoghurt bar.	As directed by weekend activities		