

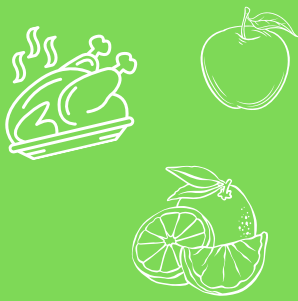


PRE-PREP MENU



1 WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Break				
Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit
Lunch				
Pizza with potato wedges and vegetable sticks	Chicken paella with green beans	Spaghetti meatballs with garlic bread and sweetcorn	Pulled pork rolls with roasted new potatoes and vegetable sticks	Chicken nuggets with chips and beans
Mixed melon	Peaches and cream	Chocolate fudge cake with hot chocolate sauce	Melon slices	Frozen yoghurts
PM Break				
Brioche	Plain sponge	Cheese thins	Bread sticks	Biscuits
After school club				
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

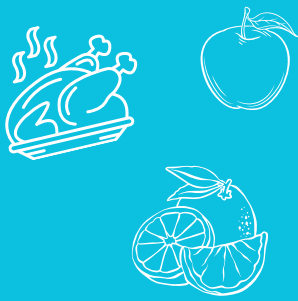


PRE-PREP MENU



WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Break				
Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit
Lunch				
Tomato pasta with crusty bread and peas	Baked chicken wraps with rice and vegetable sticks	Lasagne with garlic bread and sweetcorn	Chicken burgers with roasted new potatoes and vegetable sticks	Sausages with chips and beans
Eton mess	Melon slices	Lemon drizzle cake with cream	Melon slices	Artic roll with ice cream sauce
PM Break				
Brioche	Plain sponge	Cheese thins	Bread sticks	Biscuits
After school club				
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



PRE-PREP MENU



3 WEEKS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Break				
Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit	Chopped fruit
Lunch				
Katsu chicken curry with rice and peas	Glazed pork chops with mash potato and vegetables	Chicken pasta bake with garlic bread and sweetcorn	Beef burgers with roasted new potatoes and vegetable sticks	Fish fingers with chips and beans
Mango and orange sorbet	Strawberries and cream	Chafyn Grove sponge with cream	Melon slices	Fruit jelly
PM Break				
Brioche	Plain sponge	Cheese thins	Bread sticks	Biscuits
After school club				
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit