

Chafyn Grove Pre-Prep Menu

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	AM Break	AM Break	AM Break	AM Break
Chopped fruit	Chopped fruit	Chopped fruit	Brioche	Chopped fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Sliced gammon with new potatoes, green beans and gravy. Lemon sponge cake with cream.	BBQ Sticky chicken with vegetable noodles. Mixed melon.	Tomato and basil pasta with crusty bread and sweetcorn. Chocolate fudge cake.	Roast beef with roast potatoes, vegetables, Yorkshire pudding and gravy. Fresh fruit salad.	Chicken goujons with chips and sweetcorn. Artic roll.
PM Break	PM Break	PM Break	PM Break	PM Break
Raisins	Carrot cake	Pancakes	Chopped fruit.	Chocolate biscuits
After school club	After school club	After school club	After school club	After school club
Brioche	Warm bagels	Pan au choc	Cheese pittas	Use up selection

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	AM Break	AM Break	AM Break	AM Break
Chopped fruit	Chopped fruit	Chopped fruit	Brioche	Chopped fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Sausages with cheesy mash potato, green beans and gravy. Angle delight	Crispy chicken noodles with peas and a Chinese curry sauce. Peaches and cream.	Spaghetti bolognese with garlic bread and sweetcorn. Chafyn Grove sponge with custard.	Roast turkey with roast potatoes, stuffing, vegetables and gravy. Fresh fruit salad.	Fish fingers with chips and beans. Jelly.
PM Break	PM Break	PM Break	PM Break	PM Break
Raisins	Carrot cake	Pancakes	Chopped fruit	Chocolate biscuits
After school club	After school club	After school club	After school club	After school club
Brioche	Warm bagels	Pan au choc	Cheese pittas	Use up selection

Chafyn Grove Pre-Prep Menu

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	AM Break	AM Break	AM Break	AM Break
Chopped fruit	Chopped fruit	Chopped fruit	Brioche	Chopped fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Cheese and pepperoni calzone. With potato wedges and carrot and cucumber batons.	Chicken korma with rice, poppadum's and peas.	Lasagne with garlic bread and green beans.	Roast gammon with roast potatoes, vegetables and gravy.	Sausages chips and peas.
Eton mess.	Mixed fruit cocktail.	Apple cake with custard.	Fresh fruit salad.	Mixed ice cream and sauces.
PM Break	PM Break	PM Break	PM Break	PM Break
Raisins	Carrot cake	Pancakes	Chopped fruit	Chocolate biscuits
After school club	After school club	After school club	After school club	After school club
Brioche	Warm bagels	Pain au choc	Cheese pittas	Use up selection