

Chafyn Grove menu

Week One

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Porridge, Cereals, Toast with spreads, yoghurt and fruit. Bacon, Hash Browns and grilled tomatoes.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Boiled Eggs, Beans and mushrooms.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Sausages, Baked Beans and fried bread.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Waffles with Greek Yoghurt and Honey.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Fried Eggs, hash browns and Baked Beans.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Croissants with ham and cheese.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Full English.
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Macaroni and cheese or macaroni and cheese with bacon. With peas. Soup of the day. Waffles with hot chocolate sauce.	Chicken and leek pie. Vegetable pie. With boiled new potatoes, green beans and gravy. Chilli with jacket potatoes or rice. Peaches and cream.	Spaghetti and meat balls. Spaghetti with vegetable balls. In a tomato and basil sauce with sweetcorn. Soup of the day. Syrup sponge with custard.	Roast pork with apple sauce, Crackling, roast potatoes, seasonal vegetables and gravy. Cheese or cheese and bacon bagels. Fresh fruit salad.	Chicken nuggets. Vegetable nuggets. Fish curry with rice. Cheese and onion quiche. With chips and peas. Soup of the day. Chocolate cornflake cake.	Toad in the hole. Vegetable toad in the hole. With mash potato, seasonal vegetables and gravy. Lemon sponge with cream.	As direct by weekend activities
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken and chorizo paella. Vegetable paella. With green salad. Jelly.	Battered pork. Battered vegetables. With sweet chilli sauce, egg noodles and prawn crackers. Banoffee pie.	Jacket potatoes with various fillings. Ice creams with different toppings.	Beef stew. Vegetable stew. With dumplings, new potatoes and green beans. Apple cake.	Calzone with various fillings. Fruit crumble.	As directed by weekend activities	

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Week Two

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Porridge, Cereals, Toast with spreads, yoghurt and fruit. Sausage, Tomatoes and spaghetti hoops.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Fried Eggs, Toast and smiley faces.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Pancakes & mixed berries.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Eggy bread, bacon and plum tomatoes.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Petite Pain with Ham & Cheese.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Waffles.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Full English.
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pasta carbonara or pasta with tomato and basil sauce. With sweetcorn. Soup of the day. Fruit crumble with custard.	Mild chilli. Mild vegetable chilli. With rice, homemade nachos and sour cream. Thai green curry with rice and prawn crackers. Peaches and chocolate sauce.	Chicken pasta bake. Vegetable pasta bake. With carrot, cucumber batons and garlic bread. Soup of the day. Chafyn grove sponge with cream.	Roast honey glazed gammon. With stuffing, roast potatoes, seasonal vegetables and gravy. Vegetable filled peppers. Lamb keema with rice and naan bread. Fresh fruit salad.	Chipolata sausages. Vegetable sausages. Fish pie. With chips and beans. Soup of the day. Jelly.	Hunters chicken. Quorn hunters' chicken. With potato wedges and corn on the cob. Rice pudding with jam.	As directed by weekend activities
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Supper	Supper	Supper	Supper	Supper	Supper	Supper
BBQ chicken thighs. BBQ Quorn. With new potatoes, onion gravy and seasonal vegetables. Angle delight.	Gammon steaks. Quorn steaks. With fried eggs, chips, grilled tomatoes and peas. Tiramisu.	Pork chow main. Vegetable chow main. (Filipino style). With spring rolls and prawn crackers. Yoghurt bar with various toppings.	Chicken goujons. Quorn goujons. With French fries and corn on the cob. Lemon meringue pie.	Chicken/Lamb Biryani. Vegetable Biryani. With rice, poppadum's and naan bread. Gypsy creams.	As directed by weekend activities	

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Week Three

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Porridge, Cereals, Toast with spreads, yoghurt and fruit. Poached Eggs, Beans and toasted soldiers.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Bacon, Hash Browns and beans.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Pain au Chocolate with mixed berries.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Sausages, Scrambled Eggs and grilled tomatoes.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Croissants with ham and cheese.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Hash Browns, sausages and Baked Beans.	Porridge, Cereals, Toast with spreads, yoghurt and fruit. Full English.
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken curry. Vegetable curry. With rice, poppadum's, mini naan bread and peas. Soup of the day. Apple crumble with custard.	Sausages. Vegetable sausages. With mash potato, green beans and gravy. Beef stew with rice and crusty bread. Mixed melon.	Lasagne. Vegetable lasagne. With garlic bread and sweetcorn. Soup of the day. Sticky toffee pudding with toffee sauce.	Roast beef with Yorkshire puddings, roast potatoes, seasonal vegetables and gravy. Cheese or cheese and bacon panini's Fresh fruit salad.	Pepperoni or cheese pizza. Cod goujons. With chips and peas. Soup of the day. Mixed chocolate cookies.	Spaghetti bolognaise. Vegetable bolognaise. With garlic bread and peas. Chocolate orange sponge with cream.	As directed by weekend activities
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Toad in the hole. Vegetable toad in the hole. With new potatoes, onion gravy and seasonal vegetables. Eton mess.	Pasta with sauce. Vegetable pasta bake. With garlic bread, carrot and cucumber batons. Pancakes with bananas and chocolate sauce.	Wraps with various fillings. Vegetable fajita wraps. Sorbet.	BBQ spare ribs. Vegetable kebabs. With onion rings, sauté potatoes and sweetcorn. Cheese cake.	Beef chilli. Vegetable chilli. With rice and nachos. Chocolate brownies and cream.	As directed by weekend activities	