



# Chafyn Grove Menu

## Week One

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereals, Toast with spreads, yoghurt and fruit  Bacon & Hash Browns	Cereals, Toast with spreads, yoghurt and fruit  Boiled Eggs & Beans	Cereals, Toast with spreads, yoghurt and fruit  Sausages & Baked Beans	Cereals, Toast with spreads, yoghurt and fruit  Waffles with Greek Yoghurt and Honey	Cereals, Toast with spreads, yoghurt and fruit  Fried Eggs & Baked Beans	Cereals, Toast with spreads, yoghurt and fruit  Croissants	Cereals, Toast with spreads, yoghurt and fruit  Full English
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Sausages Vegetable Sausages Cheese & Chive Mash Green Beans   Angel Delight	Chicken Enchiladas Vegetable Enchiladas BBQ Chicken drumsticks Potato Wedges, carrots, cucumber batons  Fresh Fruit Salad	Lasagne Vegetable Lasagne Garlic Bread Peas, Sweetcorn  Chocolate Fudge Cake with Cream	Roast Turkey & Stuffing, Roast Potatoes, Vegetables Stuffed portobello mushrooms Pulled Pork Rolls  Peaches and Cream	Sliced Gammon Haddock in Parsley sauce Cod Goujons Broccoli & Cauliflower Cheese, Peas and Fries  Ice Cream and mixed sauces	Pizza – various toppings Salad bar  Banana Split	As direct by weekend activities
<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Macaroni Cheese Garlic Bread Peas  Meringue with mixed fruit and cream	BBQ spare ribs Vegetable skewers (v) Spiral fries Corn on the cob  Peach Crumble	Cheese & Bacon Paninis Potato wedges Vegetable Sticks  Sorbet	Spaghetti Meatballs in tomato and basil sauce Veggie balls with peas  Jam Tart	Sweet & Sour Chicken Sweet & Sour Vegetables Fried Rice  Pears & chocolate sauce	As directed by weekend activities	



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Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit	Cereals, Toast with spreads, yoghurt and fruit
Sausage & Tomatoes	Fried Eggs & Toast	Pancakes & mixed berries	Eggy bread	Petite Pain with Ham & Cheese	Waffles	Full English
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Lime & Chilli Chicken Lime & Chilli Quorn (v) Coconut Rice Peas and Green Beans	Pepperoni or Cheese Pizza (v) Beef Stroganoff & Rice Carrot & Cucumber batons	Chicken Curry Vegetable Curry (v) Rice & Poppadoms Sweetcorn	Roast Beef Yorkshire Puddings Roast Potatoes Vegetables Pulled pork rolls Roasted Butternut Squash and Feta (v)	Sausages, Quorn sausages (v), Salt & Pepper Squid Cod Bites Vegetable curry (v) Chips Baked Beans & Sweetcorn	Chilli Nachos with Rice Vegetable chilli (v) Carrot & Cucumber batons	As directed by weekend activities
Fruit Jelly	Fresh fruit salad	Apple cake with ice cream	Mixed Melon	Eton Mess	Blueberry Muffins	
<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Pork Stir Fry with vegetables & noodles Vegetable Stir Fry	Spaghetti Bolognese With mixed vegetables Garlic Slice	Fish Finger Burger Vegetable Burger (v) Potato Wedges Vegetable Sticks	BBQ chicken thighs and drumsticks Corn on the cob Garlic & Herb potatoes	Chicken or Vegetable fajitas (v) Basmati Rice Corn on the cob	As directed by weekend activities	
Fruit Crumble & Cream	Millionaires Shortbread	Yoghurt bar with assorted toppings	Strawberries & Cream	Ice Cream & Sprinkles		



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Cereals, Toast with spreads, yoghurt and fruit  Poached Eggs & Beans	Cereals, Toast with spreads, yoghurt and fruit  Bacon & Hash Browns	Cereals, Toast with spreads, yoghurt and fruit  Pain au Chocolat	Cereals, Toast with spreads, yoghurt and fruit  Sausage & Scrambled Eggs	Cereals, Toast with spreads, yoghurt and fruit  Croissants	Cereals, Toast with spreads, yoghurt and fruit  Hash Browns & Baked Beans	Cereals, Toast with spreads, yoghurt and fruit  Full English
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Tikka Masala Vegetable curry (v) Rice, Poppadums  Fruit crumble & custard	Beef Burgers Vegetable Burgers Wedges, carrot & cucumber batons Sweet & Sour Chicken noodles  Fresh fruit salad	Spaghetti Bolognese Mushroom Stroganoff (v) Garlic bread Sweetcorn  Chafyn Grove Sponge with cream	Roast Pork with apple sauce Roast Potatoes Vegetables Chicken Korma Vegetable Korma Rice  Pears & Chocolate sauce	Chicken Goujons Roasted Salmon parcels Scampi Deep fried brie Avocado Salad Chips, Peas, Baked Beans  Arctic Roll	Carbonara or Tomato & Basil Pasta (v) Garlic bread  Rocky Road	As directed by weekend activities
<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Pork Steak with mushroom sauce Quorn Steak with mushroom sauce (V) Parsley Potatoes Green Beans  Grapes & Melon	Lamb Rogan Josh Vegetable Rogan Josh (v) Rice, Poppadums, naan bread Carrot & Cucumber batons  Strawberry Jelly	Chicken Nuggets Vegetable Nuggets (v) Sweetcorn French fries  Yoghurt bar with assorted toppings	Ham & Pineapple, Pepperoni or Cheese Pizza (v) Vegetable sticks  Vanilla Cheesecake	Crispy Beef Noodles Vegetable Noodles (v) Prawn Crackers  Selection of mixed sponge with cream	As directed by weekend activities	